Small Group Study Guide

someone like you

Session Seven: Be Prepared for Doubts and Struggles

This session is based on chapter seven of the "Someone Like You" book (pg. 101)



Start the session by watching the session seven video at SomeoneLikeYouStories.com (14 mins) – you may wish to take notes during the video.

Icebreaker and Discussion

- 1. What's something challenging about your job or company that you wish you could instantly change?
- 2. Have you ever had a setback that resulted in a positive outcome?
- 3. Was there ever a time in your life when you doubted whether you were on the right track? How did you resolve the situation? Share your experience.

Video Review

- 4. What stood out to you from the stories Dennis shared?
- 5. Based on the video, what are positive steps we can take when facing doubts and struggles? Do you have any advice to add that wasn't mentioned?
- 6. Did it surprise you to learn the difference between the wise and foolish builders? Refer to Matthew 7:24–27.
- 7. How can living like Jesus and putting His words into practice protect us from the storms of life?

Scripture Exploration

- 8. Read James 1:2-7. What positive outcomes can result from facing trials?
- 9. Make a list and discuss each piece of advice given in this passage.
- 10. Read Ephesians 6:10–17. In what ways is it helpful to anticipate and prepare for spiritual attack?
- 11. What does each piece of the armor of God represent in our daily lives? Give practical examples.

Application and Closing Thoughts

- 12. Do you have a wise counselor or mentor whom you rely on for advice? If not, how might you go about finding one?
- 13. Are you currently facing doubts and struggles in life? Share and note these as prayer requests.

Prayer Time

Take turns having each person in your small group share prayer requests, then close your time by praying over these requests. Make a special note to pray for people in your community who lack basic necessities. Optionally, a volunteer can take notes and send them to group members or share them in such a way that everyone can edit and access them. This allows your group to continue praying over these requests throughout the week.