

*This session is based on chapter five of the "Someone Like You" book (pg. 59)*



Start the session by watching the session five video at [SomeoneLikeYouStories.com](https://SomeoneLikeYouStories.com) (16 mins) – you may wish to take notes during the video.

### **Icebreaker and Discussion**

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1. Besides basic hygiene, what's something you make an effort to do every single day?
2. Do you currently volunteer somewhere on a regular basis? If so, describe.
3. What do you think are the biggest barriers to consistent serving? Note these and then see if you can come up with solutions for each.
4. Have you ever worked with people who are struggling with homelessness? Or have you had any memorable encounters with people in the unhoused community? Share your experiences.

### **Video Review**

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5. Was there anything that stood out to you in the stories shared by Dave, Carla, and Richard?
6. How does serving consistently help the people we serve?
7. How does consistent serving benefit us as servants?

## Scripture Exploration

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8. Read Galatians 6:7–9. This passage uses a metaphor of sowing and reaping. What does the Apostle Paul mean when he uses these words?
9. Create two lists: one with things to avoid sowing into, and another with practical examples of actions and disciplines which sow into the Spirit.
10. Serving can be exhausting. What are some ways we can avoid growing weary as we seek to help others? What can we do on the difficult days to help push through the struggle? Share any tips you may have from your own experience.

## Application and Closing Thoughts

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11. Have you witnessed the impact of consistent serving, either in your own life or the lives of others? Describe.
12. Busy schedules often prevent people from serving and volunteering. Thinking back through this series, how have you seen the various ministry founders overcome their busy lives in order to follow God's call?
13. Taking a look at your own schedule, is there anything you feel called to change or reprioritize? Pray over this in the coming week.

## Prayer Time

Take turns having each person in your small group share prayer requests, then close your time by praying over these requests. Make a special note to pray for those in your community who are struggling with homelessness. Optionally, a volunteer can take notes and send them to group members or share them in such a way that everyone can edit and access them. This allows your group to continue praying over these requests throughout the week.